

# CE Homemade Ketchup

Keep your burger classic with clean, homemade ketchup!



**Serves:** 1

**Makes:** 1/3 cup

**Hands-on time:** 5 minutes

**Total time:** 5 minutes

**CATEGORY:**

[Under 45 Minutes](#), [Vegetarian](#)

## INGREDIENTS:

- 3 tbsp tomato paste
- 2 tsp onion, grated
- 1 clove garlic, minced
- 1 tbsp apple cider vinegar
- 1 tsp agave nectar

## INSTRUCTIONS:

1. Whisk all ingredients together in a bowl. Ketchup can be made a few days ahead of time and stored in refrigerator in a sealed container for about 1 week.

Nutrients per 1-tsp serving: Calories: 5, Total Fat: 0 g, Sat. Fat: 0 g, Carbs: 2 g, Fiber: 0 g, Sugars: 1 g, Protein: 0 g, Sodium: 25 mg, Cholesterol: 0 mg.