

# Home Made Pita Chips

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Josephs Pita Bread  
Cut into 1/4  
Sprinkle with favorite seasoning  
Spray with olive oil PAM  
Bake 350 for 5 minutes.



Seasonings I have used for Chips:  
Fresh Shredded Parm Cheese and Black Pepper (my favorite!)  
Mrs Dash, any flavor  
Garlic Powder  
Cumin & Chilli Powder

## Nutrition Facts

### Pita Chips (home made)

Serving Size: 1 serving

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**Amount Per Serving**

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**Calories** 60.0

**Total Fat** 2.0 g

**Total Carbohydrate** 8.0 g

Dietary Fiber 4.0 g

Sugars 0.0 g

**Protein** 6.0 g